

# My Fair Lady

## Heirloom Shadow Work Freebie

Thank you for downloading this design from My Fair Lady. Please read all instructions before sewing this design.

### FABRIC

Shadow work designs look best on light, delicate fabrics like batiste, handkerchief weight linen, etc. They also look beautiful on sheer fabrics like silk organza. They can be embroidered on other fabrics as well, but depending on the thickness and color, you may not see the shadow work. All fabric should be preshrunk and ironed **before** you embroider it! No exceptions! :-)

### STABILIZER

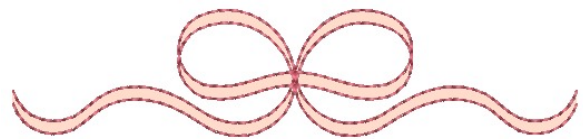
Please hoop your fabric with **mesh** water soluble stabilizer when embroidering this design. If your water soluble stabilizer looks similar to Saran Wrap, it is **not** the right kind!! :-) You need to be able to wash the stabilizer away so that you don't have anything between the thread and the fabric. Also, with delicate or sheer fabrics, any stabilizer that is left behind will be visible from the front of the project. Yuck. I use a water soluble stabilizer called Vilene. It is listed in the resource guide at the end of these instructions.

### NEEDLE

This design requires a **twin needle**. It can be sewn without a twin needle, but you will not get a double line or shadow work. You will just get a single line design. Many of the designs in the Heirloom Shadow Work Freebie set use both a twin needle and a regular embroidery needle.



This is a design from the Heirloom Shadow Work Borders set (Bow 3-5x7). If you do not use a twin needle, this is how the design will look when you stitch it out.



This is how the design at the left will look when it is sewn with a twin needle. The light pink between the two rows of stitching is the “shadow” created by the top threads that join underneath the fabric.

Twin needles are marked with two numbers. The first number refers to the distance between the needles. The second number refers to the size of the needles. For instance, if you are using a twin needle marked 3,0/75, the needles will be 3.0 mm apart, and the needles are size 75. Please use twin needles that are 2mm to 4mm apart, and choose a needle size that is appropriate for your fabric.

### PRESSER FOOT

After you insert the twin needle (the first sequence of this design), please lower the needle using the hand wheel on your machine. Make sure that the needles do not hit your embroidery presser foot! If they do, you will need to use a different foot. Many machines come with a free motion embroidery foot or a free motion quilting foot that will probably work with a twin needle. If you are not sure what foot to use, please ask your dealer!

### SUPPLIES

- Fabric
- Water soluble mesh stabilizer
- Twin needle
- Embroidery needle
- Embroidery thread
- Bobbin thread

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### THREAD

You will need two spools of thread for the twin needle portion of this design. If you only have one spool, you can wind a bobbin and use that for the second spool. You can also use two similar shades of thread - it looks very pretty. The shadow work is created by the two top threads, so you will need to use a color that shows through the fabric. If your fabric is very delicate, you do not need to use dark colors! Light colors or even shades of white look beautiful on the right fabric.

Keep in mind that polyester thread is stronger than rayon thread and is less likely to break. I prefer the sheen of rayon threads, so that is what I have used on my shadow work projects. I also really like Hemingworth thread, which is a polyester thread with the sheen of a rayon thread.

### THREADING YOUR EMBROIDERY MACHINE

Please refer to your owner's manual when threading your machine for a twin needle. For best results, make sure that the two top threads are not crossed or twisted.

### BOBBIN THREAD

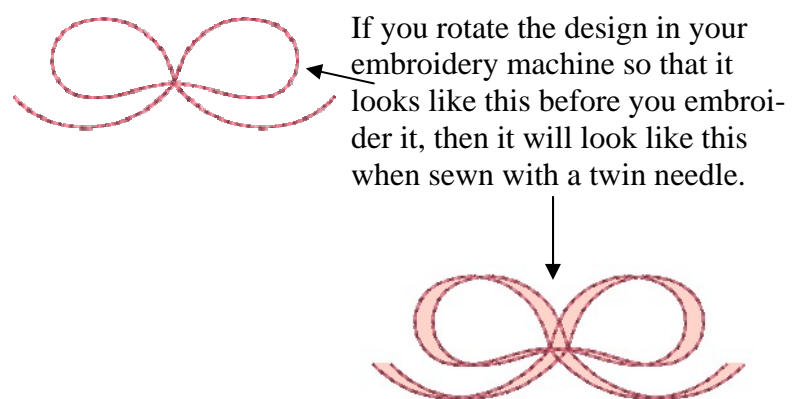
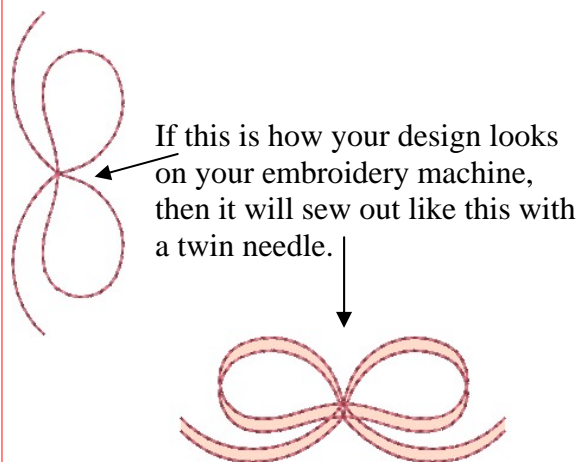
Use regular embroidery bobbin thread for this design.

### MACHINE SPEED

If you have the option of lowering your machine's motor speed during embroidery, please do so. A lower motor speed helps prevent skipped stitches and thread breakage. If you cannot lower your speed, that is OK.

### EMBROIDERING THE DESIGN

Please follow the color charts on the following pages to embroider each design. If you rotate your design, you will get a different result than the picture shown in the color chart. Take a look...



The picture in the color chart shows how this design will look if it is sewn out as it appears on your computer or embroidery screen (from top to bottom). If you want to rotate the design, please embroider a sample to make sure that you will like the way it looks.

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### COLOR CHART

Scallop - 2x2

Color Order

- 1 Scallop - Use a twin needle!
- 2 Dot - Use a regular needle!



### FINISH

After the embroidery is finished, rinse your fabric in warm water until it feels like the stabilizer is gone. Soak and rinse the fabric in a sink full of water until the water runs clear. Wash the fabric in your washing machine on a gentle cycle with just a tiny bit of detergent that is appropriate for your fabric. Lay the fabric flat to dry, and iron **from the back** of the project while the fabric is still slightly damp.

### RESOURCES

- Stabilizer: [allstitch.net](http://allstitch.net) (Vilene)
- Embroidery Nips: [www.toolsandgadgets.net](http://www.toolsandgadgets.net)
- Twin Needles: [www.joann.com](http://www.joann.com) or any embroidery machine dealer

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